

Age-Friendly Futures Programme

UK Network of Age-Friendly Communities

26 – 27 March

We are looking forward to welcoming you at the Age-Friendly Futures Summit. This programme is for the whole event, which constitutes many audiences.

In order to clarify which parts of the event you are attending; we have colour coordinated the programme for you. **You are attending the UK Network of Age-Friendly Communities Conference.**



	Three-day conference	25 – 27 March
	Leading and co-creating through policy and practice	26 March only, including State of Ageing launch and reception
	UK Network of Age-Friendly Communities Conference	26 – 27 March, only for members of UK Network of Age-Friendly Communities

The colours and name of your group correspond to the header you have received in any emails for us, and this colour will be used throughout the event to demonstrate what you are attending. If you are unsure which group you belong to, please email agefriendlyfutures@oddiy.com.

Day 2 - Wednesday 26th March

Led by the **Greater Manchester Combined Authority**, this day explores the **leadership** and practical action that is needed to **create** age-friendly cities and city regions, by showcasing the work from Greater Manchester.

Venue: Chamber of Commerce, Elliot House, 151 Deansgate, M3 3WD



Time	Session	Description	Speakers	Room
13:00 – 14:00				
Lunch and arrival of UK Network of Age-Friendly Communities 				
14:00 – 15:00    Fjo	Creating Age-friendly homes: Research, Policy and Practice Breakout session	In this session, we will explore how we can create more age-friendly homes in our cities and communities. The session is being organised by the GM Housing, Planning and Ageing group – an interdisciplinary task group aiming to improve the quality and quantity of age-friendly housing in Greater Manchester, UK. We will explore how cross-sectoral partnerships between researchers, policy-makers and built environment practitioners can better address the diverse housing needs of older people, using practical examples developed over the last 5 years. We will invite delegates attending to share examples of good practice, helping us to reflect on how the age-friendly movement can better support the creation of age-inclusive homes.	Mark Hammond – Senior Lecturer, Manchester Metropolitan University (MMU), Manchester School of Architecture (MSA) Shannon Conway – Co-Founder, Picture This Nigel Saunders – Director, Pozzoni Architecture Kelly-Marie Rogers – Strategic Lead, Healthy Active Places (GM Moving) Steve Fyfe – Head of Housing Strategy, GMCA	White Room
	Co-creating community-led responses for social connection Breakout session	Join practitioners from Greater Manchester’s social housing providers, civil society organisations and the Greater Manchester Combined Authority sharing their experiences of co-creation with residents in mid and later life. This interactive session will draw on examples from community-based work in the Greater Manchester Ageing in Place Pathfinder, community reporting from Talking About My Generation and the role of spatial data mapping and action planning.	<i>Chair:</i> Liz Windsor-Welsh – Chief Executive, Action Together Miu Tsui – Age-Friendly Project Manager, Southway Housing Amanda Aitken – Ageing in Place Development worker, Healthy Me Healthy Communities Becky Earl – Age-Friendly Advisor, Rochdale Borough Housing Kirsty Day – Media Director, Talking About My Generation Sandaru Weerasinghe – Lead Analyst, GM Ageing	Elliot Suite

			Hub, GMCA	
Stronger together: uniting community, clinical and care for falls prevention	Falls Prevention has been a key priority for Greater Manchester over the years, and we have made a significant shift in moving this agenda forwards. This interactive workshop will be a dedicated session to discuss with key leaders from across the system how we strengthen our existing collaboration to influence future policy and practice. We will discuss how we build on the evidence-base, share best practice and integrated approaches to fall prevention, to enable older people in Greater Manchester to enjoy a longer, more independent, healthier life.		<p>Chair: Prof. Jane McDermott - NIHR Policy Research Unit Healthy Ageing, University of Manchester</p> <p>Dr Nikesh Vallabh – GP and Clinical Director for Proactive Care, NHS GM</p> <p>Beth Mitchell – Ageing Well Programme Manager, GM Ageing Hub, GMCA</p> <p>Prof Chris Todd – Professor of Primary Care & Community Health, UoM</p> <p>Vincent Fraga – Assistant Director of Adult Social Care Commissioning, Stockport Council</p>	Boardroom
Breakout session				
Age-friendly employment	<p>Support to access work has not always been designed with people in their 50s, 60s and beyond in mind. With people being more likely to face additional challenges in finding and sustaining work as they age, Greater Manchester Combined Authority in partnership with Centre for Ageing Better have taken steps to understand what residents need and to look at how our approach to employment support services and wider activity can support this.</p> <p>With a focus on those who are not in paid employment and may have barriers to work, we are looking at new ways to design and deliver employment related activity.</p> <p>We will be sharing insights from our projects to date, looking at how we can turn ideas into embedded policy and practice at a local level.</p>		<p>Elaine Smith – Senior Programme Manager for Work, Centre for Ageing Better/GMCA</p> <p>Elayne Redford – Work and Skills Specialist, Manchester City Council</p> <p>Jane King-Fahey - Supply Chain Manager, The Growth Company: Employment</p>	Connect room
Breakout session				
Walking audits to create age-friendly environments	Join us for a walking audit of Manchester City Centre, exploring how the physical environment shapes ageing in place. This interactive session will draw on insights from the Greater Manchester Ageing in Place Pathfinder, particularly the resident-led walking audits in Gorton, to highlight the importance of community-driven approaches in understanding and improving neighbourhoods for older		<p>Chair: Lauren Foster – Project Manager, Ageing in Place Pathfinder, GM Ageing Hub, GMCA</p> <p>Louise Robbins – Strategic Lead, Walking & Active Environments (GM Moving)</p> <p>Helen Hawes – Community Engagement Assistant, Ageing in Place, Southway</p>	<p>Training room (first round of breakouts)</p> <p>Gaskell room (second round of breakouts)</p>
[Fully booked]				
Breakout session				

		<p>residents.</p> <p>By taking part, you will gain first-hand experience of how walking audits can inform inclusive urban design, learn from examples of co-creation with residents, and discuss practical applications with fellow practitioners, including community organisations, social housing providers, and local government. Spaces are limited to 12 participants.</p>	Housing	
<p>15:00 – 15:30</p> <p>Break</p>				
<p>15:30 – 16:30</p> <p></p>	<p>Breakouts repeated as above, apart from falls prevention, replaced by below</p>			
	<p>Mature Minds Matter: Enhancing and improving access to Mental Health Support for Older People</p> <p>[Fully booked]</p> <p>Breakout session</p>	<p>Mental health conditions among older people are often under-recognised, undertreated and the stigma surrounding these conditions can make people reluctant to seek help. In Greater Manchester, we are working across the system to challenge ageism and stigma around this, and as part of this workshop we will hear from system leaders in relation to the Mental Health and Wellbeing agenda for Greater Manchester, including the voice and lived experience from older people.</p>	<p><i>Chair:</i> Lynzi Shepherd – Assistant Director of Mental Health Strategic Commissioning, NHS GM</p> <p>Kathryn Dykes – Consultant Clinical Psychologist, Greater Manchester Mental Health (GMMH)</p> <p>Polly Kaiser – Semi-Retired Clinical Psychologist</p> <p>Luke Jordan – Clinical Lead, Compass Manchester (Later Life Complex Emotional Needs/Personality Disorders Pathway), GMMH</p> <p>Freddi Greenmantle, Network Member (GM Mature Minds Matter)</p> <p>James Barnard - Network Member (GM Mature Minds Matter)</p>	Training room
<p>15:30 – 16:30</p>	<p>Shaping the Future of Healthy Ageing: The WHO European Strategy on Ageing is Living</p> <p>Parallel session</p>	<p>The planned WHO European Strategy on Ageing is Living: Promoting Lifelong Health and Well-being (2026–2030) envisions a future where everyone can age with dignity, living longer and healthier lives. This table based discussion session, co-organized by WHO Europe will directly contribute to the development of the Strategy.</p>	<p><i>Chair:</i> Yongjie Yon, Technical Officer on Ageing and Health, WHO Europe</p> <p>Prof Peter Kelley - OHID Regional Director and NHS Director of Public Health – North East and Yorkshire</p>	Boardroom

16:30 – 17:00

Break to walk over to Manchester Hall, 36 Bridge St,

<p>17:00 – 19:30</p> 	<p>State of Ageing launch event</p> <p>Presentation and panel session</p>	<p>Expert panel launching Centre for Ageing Better's flagship report examining inequalities in the way we age.</p>	<p>Dr Carole Easton – Chief Executive, Centre for Ageing Better</p> <p><i>Chair: Elaine Unegbu</i> – Chair, Age-Friendly Manchester Older People's Board and Greater Manchester Older People's Network</p> <p>Dr Jeanelle de Gruchy – Deputy Chief Medical Officer for England and lead for the Office of Health Improvement and Disparities</p> <p>Dr Aideen Young – Senior Evidence Manager – Research Impact and Voice, Centre for Ageing Better</p> <p>Prof. Carol Holland – Director, Centre for Ageing Research, Lancaster University</p>	<p>Goulburn Suite, Manchester Hall</p>
<p>18:25 – 19:30</p> 	<p>Networking drinks reception</p>	<p>Complimentary drinks and canapes provided during a networking drinks reception</p>	<p>All delegates</p>	<p>Goulburn Lodge, Manchester Hall</p>

Day 3 - Thursday 27th March



Thursday will begin with a **consolidation session** for those attending the three-day conference.

It will also **open the 6th Annual Conference of the UK Network of Age-friendly Cities and Communities**, led by Centre for Ageing Better.

Venue: [Chamber of Commerce, Elliot House, 151 Deansgate, M3 3WD](#)

Time	Session	Description	Speakers	Room
<p>09:30 – 09:40</p> 	<p>Opening of UK Network Conference</p>	<p>Introduction to the 6th UK Network of Age-friendly Communities Conference</p>	<p>Dr Carole Easton – Chief Executive, Centre for Ageing Better</p>	<p>Elliot Suite</p>
<p>9:40 – 9:50</p>	<p>Welcome to Manchester</p>	<p>Opening remarks and a welcome to Manchester</p>	<p>Councillor Tom Robinson - Executive Member for Healthy Manchester and</p>	<p>Elliot Suite</p>

			Adult Social Care, Manchester City Council	
09:50 – 11:00	Understanding differing experiences of ageing Plenary panel session	Ageing is not a universal experience – someone's identity and lived experience can make a significant impact on their ability to age well and access a supportive environment. This panel will explore the experiences of LGBT+ older people, people ageing with learning disabilities (and older carers) and older refugees and asylum seekers. The panel will discuss the unique challenges these groups are facing, the commonalities and differences in their experiences and the policy implications of these.	Chair: Dr Carole Easton – Chief Executive, Centre for Ageing Better Lawrence Roberts – Pride in Ageing Manager, LGBT Foundation Christine Towers – Director, Together Matters Tess Hartland - PhD researcher, Manchester Institute for Collaborative Research on Ageing	Elliot Suite
11:00 – 11:20 Break				
11:20 – 12:20	Creating age-friendly businesses	Creating more age-friendly businesses - whether that's shops, cafes, leisure centres or many more - is a priority for many Age-friendly Communities. But sometimes "making the case" to those local businesses can be a challenge. In this session we will hear directly from local business representatives about how they are making their businesses more age-friendly, and the approaches you can take to win the hearts and minds of businesses in your area	Kye Whitehouse – Guest Experience Manager, Trinity Shopping Centre, Leeds Rachel Woodward Carrick - College Director, Bournemouth University International College and Board member of Bournemouth Town Centre BID Leila Bendrimia - Community Sport and Health Manager for Manchester, Greenwich Leisure Limited Chair: Charlotte Lewis – Senior Programme Manager (Localities), Centre for Ageing Better	White Room
	Dying well in Age-friendly Communities	An Age-friendly Community is one that works for people across the lifecourse, and supporting end of life and dying well is no exception. In this session we will hear from representatives from hospices, compassionate communities and public health to consider how the community can support dying well for local residents, starting with understanding what your community wants and needs.	Sharon Williams – Project Manager, Compassionate Communities Northern Ireland Dr Mary Hodgson – Director of Inclusion & Social Innovation, St Christopher's Hospice	Training Room
	Building Age-friendly and	Older people living in rural areas can face challenges around staying	Karen Fennessy – Regional Programme Manager,	Boardroom

	Inclusive Rural Communities	connected (digital and transport), accessing health and care, or the right housing. Climate/weather factors can also have an outside impact. At the same time rural areas can be great places to grow older. Older people form the backbone of many communities and report greater health and wellbeing than urban areas, as well as access to the great outdoors. This panel shares learning from rural communities across Wales, Ireland and the Nordic region on how to continue to thrive at any age despite, and sometimes because, of the challenges.	<p>Healthy Age Friendly Homes Programme, Age Friendly Ireland</p> <p>Louise Scheel Thomasen – Senior Adviser, Nordic Welfare Centre</p> <p>Dave McKinney – Ageing Well Lead, Office of Welsh Older People's Commissioner</p> <p>Chair: Natalie Turner – Deputy Director for Localities, Centre for Ageing Better</p>	
	Getting started with working with older residents	Facilitated by Good Practice Mentors, this breakout session is a 101 for early stage network members or age-friendly leads on how to work well with older people in your age-friendly community- from engaging a range of residents to setting up your co-production approach for success.	<p>Jennie Shrewsbury – Programme Lead, Good Practice Mentor Programme</p> <p>Jo Stapleton – Good Practice Mentor, Age UK Camden</p>	Connect Room
12:20 – 13:00				
Lunch				
13:00 – 14:00 	Networking session	<p>An opportunity for communities to come together around topics of interest and get to know their fellow network members.</p> <p>Network members will have the opportunity to identify areas they are “seeking” to make connections around and practices and experiences they can “share” other network members</p>		
14:00 – 14:20				
Break				
14:20 – 15:20 	Understanding the impact of your age-friendly community	Demonstrating the impact of your age-friendly community is essential, to both understand what is working well and to help make the case for continued investment and support. This session will utilise the framework developed in the UK Network of Age-friendly Communities Impact Report as a model for understanding your impact on your local system and on older residents.	<p>Emma Butcher – Senior Consultant, Urban Foresight</p> <p>Charlotte Lewis – Senior Programme Manager (Localities), Centre for Ageing Better</p>	Boardroom
	Mapping your community's age-friendliness	This session is designed for earlier stage communities or those looking to refresh their action plan, to get started with mapping the policies, services and practices already in place in your area which are age-friendly. The session will help you consider your existing strengths and what might be next and will utilise the newly published Mapping Tool as	Bianca Rossetti – Strategic Partnership Manager – Greater Manchester, Centre for Ageing Better	White Room

		part of the Age-friendly Communities Handbook		
	Becoming an Age-friendly leader	This session will explore the role of the Age-friendly coordinator and how to become a local leader for age-friendliness. The session will bring together learning from the UK and internationally and will use the newly published Age-friendly leadership guide	<p>Paul McGarry – Assistant Director of Public Service Reform and Head of the GM Ageing Hub, GMCA</p> <p>Anne Berit Rafoss – Project Manager, Age-friendly Norway</p> <p>Tom van Benthem – Strategic Policy Advisor, Age-friendly Amsterdam</p> <p>Laura Poskin – Executive Director, Age-friendly Pittsburgh</p> <p>(Chair) Natalie Turner – Deputy Director for Localities, Centre for Ageing Better</p>	Training Room
	Taking your co-production work to the next level	Facilitated by Good Practice Mentors, this session is for more advanced practitioners and Age-friendly Communities to consider how to build on their current engagement work and consider how to further put coproduction at the heart of their work, learning from emerging models and practice.	<p>Jennie Shrewsbury – Programme Lead, Good Practice Mentor Programme</p> <p>Jo Stapleton – Good Practice Mentor, Age UK Camden</p>	Connect Room
15:20-15:55 	Celebrate Ageing, Challenge Ageism	A performance from local older residents from Bolton bringing a creative representation of Celebrating Ageing and Challenging Ageism, ahead of the this year's Age Without Limits Action Day	Members of Octagon Theatre, Bolton	Elliot Suite
15:55 – 16:15 Wrap-up and close Elliot Suite				